CLAIMS:

1. An electrochemical cell comprising a cathode, an anode and an electrolyte, wherein:

the cathode comprises mesoporous nickel having a periodic arrangement of substantially uniformly sized pores of cross-section of the order of 10^{-8} to 10^{-9} m; and the anode comprises a mesoporous material having a periodic arrangement of substantially uniformly sized pores of cross-section of the order of 10^{-8} to 10^{-9} m and selected from: carbon, cadmium, iron, a palladium/nickel alloy, an iron/titanium alloy, palladium or a mixed metal hydride.

- 2. An electrochemical cell according to any preceding claim, wherein the mesoporous structure of the cathode comprises nickel and an oxide, hydroxide or oxy-hydroxide of nickel selected from NiO, Ni(OH)₂ and NiOOH, said nickel oxide, hydroxide or oxy-hydroxide forming a surface layer over said nickel and extending over at least the pore surfaces.
- 3. An electrochemical cell according to any preceding claim, wherein the mesoporous structure of the cathode comprises a metal selected from: nickel; alloys of nickel, including nickel alloys with a transition metal, nickel/cobalt alloys and iron/nickel alloys.
- 4. An electrochemical cell according to any preceding claim, wherein the mesoporous structure has a pore diameter within the range from 1 to 10 nm, preferably from 2.0 to 8.0 nm.
- 5. An electrochemical cell according to any preceding claim, wherein the mesoporous structure has a pore number density of from $4x10^{11}$ to $3x10^{13}$ pores per cm², preferably from $1x10^{12}$ to $1x10^{13}$ pores per cm².
- 6. An electrochemical cell according to any preceding claim, wherein at least 85 % of the pores in the mesoporous structure have pore diameters to within 30 %, preferably within 10 %, more preferably within 5 %, of the average pore diameter.

- 7. An electrochemical cell according to any preceding claim, wherein the mesoporous structure has a hexagonal arrangement of pores that are continuous through the thickness of the electrode.
- 8. An electrochemical cell according to claim 7, wherein the hexagonal arrangement of pores has a pore periodicity of in the range from 5 to 9 nm.
- 9. An electrochemical cell according to any preceding claim, wherein the mesoporous structure is a film having a thickness in the range from 0.5 to 5 micrometers.
- 10. An electrochemical cell according to any preceding claim, wherein the negative electrode comprises a material selected from carbon and palladium.
- 11. An electrochemical cell according to any preceding claim, wherein the mesoporous structure of the positive electrode comprises nickel and an oxide, hydroxide or oxy-hydroxide of nickel selected from NiO, Ni(OH)₂ and NiOOH, said nickel oxide, hydroxide or oxy-hydroxide forming a surface layer over said nickel and extending over at least the pore surfaces, and the negative electrode has a mesoporous structure of carbon or palladium.